

The Coastal Group of Parishes

Bacton, Happisburgh, Hempstead with Eccles and Lessingham,
Ridlington, Sea Palling with Waxham, Walcott, Witton And Hickling

www.coastalgroup.org.uk

News Sheet 563

April 2024

Revd Coryn writes...

At the time of writing, I have been in post for just over three months. I am still meeting people who tell me what a wonderful institution service it was in early December in Hickling Church. One of my friends described it like this:

‘What a wonderful service and welcome for you! Starlight and church bells ringing out across the night. Torchlight as we made our way across a dark field. The church, so large, with lighted windows, almost like a Christmas card! Then all the warmth and deep joy inside!’

A belated thank you for such a wonderful, welcoming service.

I imagine that by the time you read this your Easter celebrations will be in full swing. After the solemnity of Lent, we will have gathered for worship, both on the beach at Sea Palling at sunrise and later on Easter Day in churches across the benefice to exclaim: ‘Alleluia. Christ is risen. He is risen indeed. Alleluia.’ Jesus’ resurrection is the joyful climax of the Christian story and is indeed a time to celebrate.

There will be further celebration in the coming weeks. Not least because in June we have two services of Choral Evensong to look forward to. On Sunday 2nd June at 4pm, Kings’ Voices from Kings College, Cambridge are coming to sing at Hempstead Church. Then on Sunday 16th June at 3.30pm, the choir from Norwich Cathedral are coming to sing Choral Evensong in Happisburgh Church. It is an enormous privilege for us to host worship sung by such amazing choirs. I do hope you will be able to join us on one or both of these dates and invite your friends too.

Recently, I have had the privilege of being in some of the schools in the benefice. I have met children and staff in Happisburgh, Hickling and Bacton schools. The very exciting news is that Hickling and Happisburgh schools are very keen to engage with Open the Book. If you don’t know about Open the Book, it is an exciting storytelling project run by the Bible Society where Bible stories are shared with children in schools in a way which is fun, interactive and memorable.

I am looking to form a storytelling team which would visit Hickling and Happisburgh schools on alternate weeks to present a 10–15 minute scripted Bible story to a school assembly and involving the children in this.

I used to belong to a story telling team which went into schools in Tasburgh and Saxlingham and it was the highlight of my week. You don’t need to be a great actor and there are no words to learn. You do need to be enthusiastic and keen to present Bible stories. The group will need at least one person who can narrate the story by reading loudly and clearly. Other members of the group take on the parts of the characters in the story. The children love engaging with the stories and their knowledge of the Bible really grows.

I already have one or two volunteers but would ideally like to form a team of six to eight people who could go into school on a Monday or Wednesday. There will be a meeting for all those interested in May but in the meantime come and have a chat if you think you might be interested or leave me a message.

Please come and say hello if you see me around your village.

Easter blessings **Revd Coryn**

Rector: Revd Coryn Stanforth

email: revdcoryn@btinternet.com

Tel: 07436 992347

SERVICES FOR APRIL

Sun 7th Apr	9.30	Holy Communion	Sea Palling
<i>Easter 2</i>	9.30	Morning Worship	Walcott
	10.00	Morning Worship	Bacton
	11.00	Morning Worship	Happisburgh
	11.00	Holy Communion	Hickling
	15.00	Afternoon Service	Ridlington
Sun 14th Apr	9.30	Holy Communion	Lessingham
<i>Easter 3</i>	10.00	Morning Worship	Bacton
	11.00	Holy Communion	Witton
	11.00	Morning Worship	Hickling
Sun 21st Apr	9.30	Holy Communion	Walcott
<i>Easter 4</i>	10.00	Morning Worship	Bacton
	11.00	Holy Communion	Happisburgh
	11.00	Morning Worship	Sea Palling with Hickling
Sun 28th Apr	9.30	Morning Worship	Hempstead
<i>Easter 5</i>	10.00	Holy Communion	Bacton with Walcott
	11.00	Morning Worship	Hickling
	11.00	Morning Worship	Sea Palling
	11.30	Morning Prayer	Witton

Celtic Morning Prayer 9am every Wednesday

April 3 rd	Happisburgh	April 10 th	Ridlington
April 17 th	Witton	April 24 th	Bacton

Funerals

3rd January	Jill Lamb	Cromer Crematorium
10th January	Margaret Sanders	Happisburgh
11th January	Cyril Lewin	Cromer Crematorium
19th January	Gloria Seeman	Happisburgh
6th February	Harry Chaney	Happisburgh
8th February	Sean Larter	Bacton
16th February	Josephine Crowe	Sea Palling
20th February	Daphne Medcraft	Bacton
21st February	Norman Pictor	Walcott

Memorial and interment of ashes

19th January	Daphne Lamb	Sea Palling
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Baptism

21st January	Lilli Green	Happisburgh
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Mobile Library Dates for April

Hempstead/Eccles/Lessingham/Sea P/Waxham: Weds 3rd
 Hickling: Tuesday 16th
 Happisburgh/Walcott/Bacton/Ridlington/Witton: Tues 23rd

WITTON St. Margaret's

Hopefully spring has arrived with a let-up from the incessant rain of past months, here we recorded 127mm of rain in February, more than 3 times the average for February. No wonder ponds are re-appearing in fields that were filled in during the dry years of the early 1970's! But we should be thankful to have so much water, unlike so many parts of the world today.

Looking ahead to May, Bank Holiday Monday 6th, the Bluebell Tea will be held again at Witton Hall in aid of St. Margaret's Church, with the usual stalls and refreshments, from 12pm to 4pm. Please come along and enjoy a stroll in hopefully warmer weather.

The April services are on the 2nd Sunday, 14th at 11am and on the 4th Sunday, 28th at 11.30am. May sees the start of a more regular service pattern with 2nd and 4th Sunday services at 11am for the summer months. Please keep an eye on the notice board for any changes.

Our thanks to Tom for refurbishing some of the furniture in the Church. Tom's next project will be the old and tatty porch notice boards. A little tlc makes a big difference!

Charles and Gillian Owles 01692 650223

BACTON

Services for April can be found opposite - please note there is a change to service times. Services are now at 10am.

The daffodils look lovely. Kurtis who helps our other volunteers to keep the churchyard looking lovely is looking forward to continuing the maintenance of the older graves now the weather is improving. A big Thankyou to all those who maintain our very large churchyard voluntarily in their own time.

Keith Bronze - Churchwarden

HICKLING

The Greyhound Bible Discussion Group will meet at the Greyhound Inn, Hickling NR12 0YA, at 3pm on Tuesdays 2, 16 and 30 April. We are reading through The Psalms and the book of Mark. We welcome newcomers.

The Julian Meeting for Christian Silent Prayer will meet in St Mary's Church, Hickling NR12 0BQ, at 10.30am on Tuesday 9th April. The meeting is open to people of all church groups, so all are welcome. We start with a cup of tea or coffee before we become quiet to pray.

Should anyone wish to find out more about either meeting, please contact Zephney Kennedy on 01692 598170 or zlkndy@gmail.com.

To sign up for a weekly email with reminders of upcoming services and events in the Coastal Group churches, please contact me on the email address below. Thanks, Emma

DEADLINE FOR MAY NEWS SHEET:

Please send your contributions for the May news sheet to Emma at eclawrence@btinternet.com no later than April 11th. Thank you.

HAPPISBURGH

ST. MARY'S CHURCH TOWER will be open to climb from 1.00 - 4.00pm on Easter Sunday and Easter Monday. For Health & Safety purposes a minimum height of 4ft.7inches is required as the stonework at the top is high, restricting the views. *Joan 01692 650728*

EASTER EGG HUNT

Just a reminder if you receive your newsletter before the end of March that there is an Easter Egg Hunt on Saturday 30th March at 2.00pm at Happisburgh church. Refreshments provided. Do come and enjoy this free event.

Happisburgh Community Hub at the Wenn Evans Centre

Every Wednesday from 11.30am till 1.30pm. Homemade light lunch served (donations towards providing this always appreciated). Occasional guest Speakers. Everyone welcome.

Happisburgh Knitters and Stitches

We recently lost a treasured member of our group, Val Horsnel, sadly missed by us all.

Our next meetings are 8 April and 22 April in the Pavilion between 2 and 4 pm. If you would like to learn to knit or crochet do come along to one of our meetings or have chat with Janet on 01692 651179.

HAPPISBURGH ORGAN & CHORAL FESTIVAL 2024

Next month, on Saturday 4th May, we welcome Robbie Carroll, who is assistant organist at Norwich Cathedral, to get this year's events underway at 7.30pm. Talented, yet modest, his superb playing will be much enjoyed and he is keenly looking forward to being with us. I do hope you will be there to encourage him. The following recital dates are SATURDAYS 1st June (David Ballard), 6th July (Matthew Bond) and 3rd August (Timothy Patient).

All recitals start at 7.30pm. FREE entry with retiring donations. More information at www.organrecitals.uk

I recently had the pleasure of meeting with Ashley Grote, the Master of Music at Norwich Cathedral, to discuss the much-anticipated visit of the cathedral choir to sing Choral Evensong for us on SUNDAY 16th June at 3.30pm. The choir will consist of the boys, the choral scholars and the lay-clerks, some thirty voices plus their organist. Ashley has asked me to tell you that "We are so looking forward to coming to St. Mary's. The boys, as ever, are particularly excited about the whole event. Thank you so very much for inviting us". Please pass the word amongst your relatives and friends so that we fill the church for this very auspicious – if not unique, occasion. *David Berwick*

The Coastal Walking group

We will meet at the Wenn Evans centre on 2nd April for our next walk at the usual time of 9-30am. This will be a cliff top walk so a nice sunny day is to be hoped for.

As usual the walk will be about 5 miles and not too taxing. Everyone is welcome including dogs on leads. For more information contact me on 01692 651609. *Ray Allcoat*

SEA PALLING WITH WAXHAM

Sea Palling Community Hub is open every Saturday from 10 to 12noon with good coffee / tea/ chocolate + bacon butties and more. Preloved clothes available. Are your young children wanting books to read? Good selection in Nissen Hut Hub. Let them choose their own! All welcome including well behaved dogs on leads.

Sea Palling with Waxham Community Trust

Re; Access to defibrillator. The Defibrillator is situated close to the toilets by Reef's Bar at the end of Beach Road. By calling 999 to alert the emergency services you will be given details to access the Defibrillator cabinet. The Defibrillator in our village is checked routinely.

SEA PALLING & WAXHAM VILLAGE HALL

PRIZE BINGO - on Friday 5th April and on the first Friday of every month. Eyes Down at 7.30pm. Cash accumulator stands at £50!. Everyone welcome. Raffle and refreshments available.

QUIZ AND SUPPER EVENING - This popular event, held on the third Saturday of every month, will be on Saturday 20th April in the village hall. Booking essential. Please check for availability as spaces are limited or for more information call Margaret on 01692 598828.

THE SEA PALLING CARPET BOWLS CLUB meets in the village hall on Thursdays from 2.00pm - 4.00pm. Beginners welcome. For more information, please call John on 01692 598478 or Steve on 01692 598052.

"COME ON IN" - Join us in the village hall for a cuppa, chat and maybe a game of cards or board game on Wednesday 25th April, and on the last Wednesday of every month, 10.30am - 12.30pm. Free admission. A warm welcome awaits. Hope to see you there.

THE SEA PALLING TABLE TENNIS CLUB meets in the village hall on Wednesdays from 2.00pm - 4.00pm. All equipment provided. £2 per person. Everyone welcome.

ZUMBA CLASS - On Wednesdays 7pm - 8pm in the village hall. Only £4 per session. For more information please call Tina on 07341360389 or find her on FaceBook at Zumba with Tina.

LESSINGHAM AND HEMPSTEAD WITH ECCLES

Choral Evensong at Hempstead Church.

On Sunday June 2nd at 4.00pm there will be Evensong sung by King's Voices, a choir from King's College, Cambridge. All are welcome. Kings College is the patron of the parish. Until the end of the hundred years war in 1453 there was a cell of the Abbey of Bec in Normandy at Lessingham. At the end of the war the French were banished and their lands confiscated. The land at Lessingham was granted by Edward IV to King's College in 1462. In 1740 Hempstead and Lessingham parishes were united and Hempstead then came under the patronage of King's College who remain supportive patrons.

Many thanks to all those who supported the photograph exhibition in February. It raised £842.20 towards the maintenance of our two churches.

Margaret Henderson 581 858.

WALCOTT

Spring Fayre Tuesday 2nd April in Walcott Village Hall, 2pm-4pm. A good range of stalls, games, cakes, raffle and refreshments. Please come and join us to raise funds for Walcott Church.

WALCOTT VILLAGE HALL

The booking clerk is Mr John Paul who can be contacted on 07791804872 or 'e' mail - bookwosvh@gmail.com. All bookings will be confirmed by John with the individual concerned - please don't use the calendar in the village hall until confirmed.

Weekly groups:

Mondays 6.00pm Circuits with Harriet
7.15pm Zumba fitness with Jo
Tuesdays 10.00am Ballet Bums with Carol
7.15pm Zumba Gold with Loraine
Thursdays 10.00am Zumba Gold seated with Nic
7.15pm Zumba Fitness with Jo
Fridays 11.00am Dog training with Pauline Porter
Saturdays 10.00am Zumba fitness with Jo
11.15am Zumba Gold with Loraine

Saturday 11th May – 10am – 3pm Plant sale -The annual plant and garden tools sale in aid of our local Community Ambulance First Responders takes place. Donations of plants or tools and garden paraphernalia will be welcome.

Keep an eye on our notice board & Facebook page: WalcottVillageHallNorfolk for detailed posters.

Don't forget that the tickets are now on sale for the **Walcott Warblers' Show** on Fri 26th & Sat 27th April, taking us back to the 70s! Tickets still available from Paul – Hair Salon, Bacton, or Sheila – 07826 033801. Come along for a fun evening and join in with some much loved songs!

What to do if you find a Baby Birdie

Your nearest rescue centre is 'Wild Touch' on Mill Common Rd.; please telephone first for advice and to ensure assistance is available: 07765345441.

What to do when you see a bird out of its nest? providing a CAT has not had any interaction and also appears undamaged, just pick it up and pop it back in!

In any other situation - contain it, keep it warm but NOT on a hot water bottle as it will overheat (if they are gasping they are NOT thirsty just too hot). Initially: keep it safe and telephone for advice. Most importantly, please please please DO NOT give baby birds any food (unless otherwise told to by rescue centre) and ESPECIALLY NO WATER. Ring for rescue advice ASAP.

If you can walk up and touch a wild animal it usually does need your help, but remember that Fledgling birds (fully feathered, except tail may not have grown out) have been jumping out of their nests for thousands of years and will usually survive if healthy and parent birds are still around to feed it.

If you have any concerns over any wild animals just ring Wild Touch. Thank you for caring. Sheila xx

Coastal Group Prayer Chain

If you would like to be prayed for or know of someone who would like to be prayed for (with their permission) please contact John Prince: 01692 581841.

SEA PALLING INDEPENDENT LIFEBOAT

Think of a lifeboat rescue and you automatically think of the boat crew but in fact boat crew are only a part of the team and cannot operate alone. At Sea Palling Independent Lifeboat we are desperately short of shore crew, including boat recovery crew. We also need fund raisers to help sell our merchandise and raise the money to keep the service going. We use outside contractors when we have to but this eats into our much needed funds, our station always needs repairs and badly needs a lick of paint, our steel storage containers also need some repairs and painting. Is this something you could help with? You could play an important part in a life saving service without having to get into a boat!

To join the team call Dave on 07774 804848.

RIDLINGTON St. Peter's

*The Spring is coming by a many signs;
And where suns peep, in every sheltered place,
The little early buttercup unfold
A glittering star or two - till many trace
The edges of the blackthorn clumps in gold. John Clare*

Our Family Service on 3rd March was led by Hilary, her address interesting and instructive as always. At last a little March sun has blessed us after the long, wet Autumn and Winter as we look forward to Easter. At St Peter we shall celebrate Holy Communion at 9.30 on Easter Morning, refreshments - and possibly cake - will be available in church afterwards. Everyone is welcome. Our service for April will be on the 7th at 3 pm and our Annual Meeting will take place afterwards in church.

Happy Easter!

Barbara Penn 07564536262

LESSINGHAM METHODIST CHURCH

Coffee mornings 2nd & 4th Wednesday, 10.30 - 12 noon.

Monthly hot lunches on the fourth Thursday each month, cost £7.00. Booking for this is essential with Lay Pastor Ros Peedle 07976 720440/email ros.peedle@live.co.uk at least by the Monday of that week.

Sunday Worship at 11.00am every Sunday. Everyone is welcome to any or all of these events.

SEPSIS AWARENESS

The Community First Responders want to raise awareness of sepsis during 2024. It is a potentially life-threatening condition that arises when the body's response to infection causes injury to its own tissues and organs. Those at risk include people who have had recent surgery or physical injury, a weakened immune system including diabetes, cancer, burns and pneumonia. Add to this the common signs, we refer to as red flags, which include high temperature, faster breathing rate, a faster heart rate, painful urination and possible confusion to name some red flags. If you see a rapid onset of any of the red flags and fall into the higher risk group – think sepsis. Seek advice from 111 or if the situation requires phone 999.