

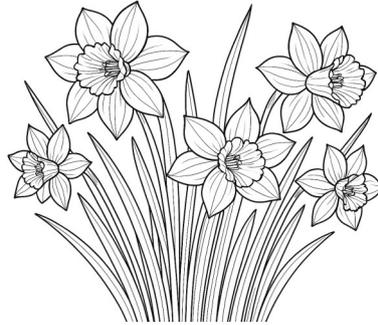
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Bacton, Happisburgh, Hempstead with Eccles and Lessingham,
Ridlington, Sea Palling with Waxham, Walcott, Witton And Hickling

www.coastalgroup.org.uk

News Sheet 584

March 2026



March

March is the third month of the year, what does it offer? I am writing in February on one of those dark days - no visible sunrise or sunset. I wrote about hope in November, so what can we hope for to brighten our lives? March brings breezes loud and shrill, stirs the dancing daffodil, words learnt at school. We have plenty of daffodils plus snowdrops and breezes too, not always so gentle! This heralds a general waking up of the countryside, so much to see and enjoy.

March is the month to reveal and to prepare for the next season. March is also a time of preparation in the church's calendar. There are four Sundays in March giving four weeks to Easter, part of the time called Lent. A time when the days lengthen and people give thought to Jesus' journey towards the end of his earthly ministry and the joy of Easter. The fourth Sunday of Lent - March 15th - is Mothering Sunday when we celebrate Mother Church, Mary, the mother of Jesus and our own mothers. There are flowers and posies to share and a family time. The month of March leads us to the edge of summer-time and the prospect of Easter ahead.

I hope you enjoy the variety offered by this month - the light, the developing countryside, the beauty and in the church to join the route to Jerusalem and be truly ready to celebrate the feast of Easter.

Every blessing, *Eiler*

Lent Group 2026

If you were one of the Gospel writers trying to capture the significance of Jesus' life, death and resurrection, what would you include, what would you leave out? Maybe that's why we have four Gospels each highlighting different aspects of Christ.

Our Lent study group this year is going to be looking at St Matthew's Gospel. There is no need to buy a book. We are going to be using resources from the Diocese of Chichester and looking at the picture Matthew paints of Jesus as the promised King, the one who was bringing God's kingdom into the world.

Over four sessions we will find out about Matthew, consider what it means to be a follower of Jesus, Jesus' teaching, miracles and Jesus' passion as recorded in Matthew's Gospel and how we live out this faith in our daily lives.

The sessions will be on Wednesday 25th February, Tuesday 10th March, Tuesday 17th March and Wednesday 25th March.

All sessions are from 2-3.30pm at Happisburgh Rectory. Come to them all or to the ones that you can make and bring a Bible if possible. You will be very welcome.

Rector: Revd Coryn Stanforth

email: revdcoryn@btinternet.com

Tel: 07436 992347

SERVICES FOR MARCH

Sun 1st Mar <i>Second Sunday of Lent</i>	10.00	Morning Worship	Walcott VH
	10.00	Holy Communion	Sea Palling
	10.00	Morning Worship	Bacton
	11.00	Morning Worship	Happisburgh
	11.15	Holy Communion	Hickling
	15.00	Afternoon Service	Ridlington
Sun 8th Mar <i>Third Sunday of Lent</i>	10.00	Holy Communion	Lessingham VH
	10.00	Morning Worship	Bacton
	11.00	Morning Worship	Sea Palling with Hickling
	11.30	Morning Worship	Witton
Sun 15th Mar <i>Mothering Sunday</i>	9.30	Holy Communion	Walcott
	10.00	Morning Worship	Bacton
	11.00	Holy Communion	Happisburgh
	11.00	Morning Worship	Hickling with Sea Palling
Sun 22nd Mar <i>Fifth Sunday of Lent</i>	10.00	Holy Communion	Bacton
	10.00	Morning Worship	Lessingham VH
	11.00	Morning Worship	Sea Palling
	11.00	Morning Worship	Hickling
	11.30	BCP Holy Communion	Witton
Sun 29th Mar <i>Palm Sunday</i>	10.30	Benefice Holy Communion	Hickling

Midweek Worship on Wednesdays in the Coastal Group

All services are Morning Prayer at 9am unless indicated.

4th March at Sea Palling

11th March Hickling (Holy Communion, 10.30am)

18th March at Hickling

25th March at Walcott

Funerals

21st January - Lesley Patel - Happisburgh

4th February- Alan Tansley- Hickling

5th February- Roy Riseborough- Witton- Interment of ashes

9th February- Clive Ward- Hickling

SAFEGUARDING INFORMATION Rhena Branch is the parish safeguarding officer for Bacton, Walcott, Witton, Happisburgh, Hempstead with Lessingham and Eccles, Sea Palling with Waxham and Hickling email: rhenabranh@gmail.com Tel: 01692 597117. Richard Barker is parish safeguarding officer for Ridlington. You can contact the Diocesan Safeguarding Team on 01603 882345/safeguarding@dioceseofnorwich.org

WITTON St. Margaret's

The first service since 14th December was on Sunday 8th February. It was so pleasing to have a good turnout, 25, for the service and thanks to all who enjoyed the "Soup and Pancake" lunch afterwards. A big Thank You to Margaret for taking the service and Paul Downes for playing the organ which this time doesn't appear to have suffered from the damp.

Also special thanks must go to the workers who made this a success, and for the generous donations left after the lunch.

There will be 2 services in March, on the 8th at 11.30am Morning Prayer and on the 22nd at 11.30am BCP Holy Communion.

Advance notice- in April there will be 3 services at St Margaret's: Easter Holy Communion on Sunday 5th at 11.30am. Then on 12th 11.30am Morning Prayer and on 26th 11.30am Holy Communion.

No doubt by then our bats will have woken from their winter slumbers, so it will be back to sweeping up once again!

Charles and Gillian Owles 01692 650223

RIDLINGTON St. Peter's

Thaw

*Over the land freckled with snow half-thawed
The speculating rooks at their nests cawed
And saw from elm tops, delicate as flower of grass,
What we below could not see, winter pass.*

Edward Thomas 1915

I bet I'm not the only one who sorely misses elm trees.

On the chilly afternoon of February 1st we heard once more of the presentation of the Christ child in the temple, and of Simeon and Anna's thanksgiving. A service for Ash Wednesday will take place on the 18th of February. Our March service will be on the 1st at 3 pm as usual, when we shall be well into Lent. All welcome.

Barbara Penn 07564536262

Witton and Ridlington Village Hall

The Hall held its Annual General Meeting last month where reports on the good state of repair, the general cleanliness and the welcoming nature of the Hall were expressed. Furthermore the refurbishment of the car park will be followed by the repainting of the outside of the Hall during the early summer. The management committee are proud of our Hall and welcome hirers to use it for family get togethers, craft groups, exercise classes and for commercial enterprises. For further details or to book a visit contact Richard Mills 01692650265 rmills181@gmail.com

Mobile Library Dates for March

Hickling: Tuesday 17th

Happisburgh/Walcott/Bacton/Ridlington/Witton: Tues 24th
Hempstead/Eccles/Lessingham/Sea Palling/Waxham:
Wednesday 4th

DEADLINE FOR APRIL NEWS SHEET: Please send your contributions for the next news sheet to Emma at eclawrence@btinternet.com no later than March 12th. Thank you.

HAPPISBURGH

Invincible Service St. Mary's Church. 11.00am. Saturday 21st March.

Easter Egg Hunt St Mary's Church, 2pm, Saturday 4th April.

Happisburgh Church rooms available for hire, book with Jan 01692 652365. Plenty of chairs and tables, piano, carpeted, excellent kitchen, wheelchair access.

Happisburgh Community Hub at the Wenn Evans Centre
Every Wednesday from 11.30am till 1.30pm. Homemade light lunches, cakes, teas and coffees (donations towards providing this always appreciated). Community library open. Occasional guest Speakers. Everyone welcome. If help with transport is needed please call Malcolm on 07831 204346.

Happisburgh Knitters and Stitchers

Our 2025 charity donations went to Hillside Animal Sanctuary, Friends of Horsey Seals and Wild Touch (Ridlington).

Our meetings in March will be on 9th and 23rd between 2 & 4 pm. Learn a new skill or just pop in and see us at the Sports Pavilion.

Happisburgh Acorns

A parent-led stay & play group for under 5s at Happisburgh School Hall on Mondays and Wednesdays during term time from 9am-11am. £1 per session. Refreshments for the adults and a snack for the little ones. We would love to see you!

Wenn Evans Centre, Happisburgh, What's On When

Mondays: Seated Zumba with Nicola 2pm till 3pm
Pilates with Sonya 4.30pm till 5.20pm

Tuesday: Short Mat Bowls 10am till 12pm
Table Tennis 2pm till 4pm

Wednesday: Fitness Yoga with Sonya 4.30pm till 5.30pm
Judo with Paul 6pm-9pm

Thursday: Wind-down Yoga with Helena 5.30pm

Friday: Short Mat Bowls 1.45pm till 3.45pm

To book, email Wennevans@gmail.com

Quiz Night at The Wenn Evans Centre, 2nd Saturday of the month. 7pm. Book on 07904 379391.

Prize Bingo at The Wenn Evans Centre, last Friday of the month. Eyes down 7.30pm, lots of prizes. £6 for 10 games.

Glee Club Thursday 5th March from 1pm - 3pm. All welcome to come and play chess, Cluedo, backgammon, Jenga, scrabble, mahjong, dominoes, puzzles etc etc. Tea & coffee available or bring your own refreshments.

Wild Touch are running a Facebook 'Go Fund Me' on their page for winter fuel and heating costs. Also any wild birdseed donations are appreciated in their white bin on the driveway entrance, Mill Common Road (Poachers Pocket end)
Urgently required at the moment are towels, sheets and pillow cases – our cupboards are bare. Please leave in the white wheelie bin or in bin liners next to it at the end of the driveway
Wild Touch's website has good clear instructions on what to do if you find a bird or any wild animal you are worried about
<https://wildtouch7.wixsite.com/Wildtouch>

SEA PALLING WITH WAXHAM

Sea Palling Community Hub will be open every Saturday over the winter months from 10-12 with good coffee/tea/hot chocolate and bacon butties in the Nissen Hut. There is also a vintage shop open during these hours. All welcome.

Sea Palling & Waxham Parish Council

The next parish council meeting will be held on Monday 23rd March at 6.30pm in Sea Palling & Waxham Village Hall. All welcome! Parish Clerk: Becky Furr, Tel: 07588 398621. Email: clerk@spw-pc.gov.uk

SEA PALLING & WAXHAM VILLAGE HALL

PRIZE BINGO - on **Friday 6th March**. Cash accumulator rollover stands at £30 from 16 numbers. Eyes down at 7.30pm. Refreshments and raffle. Everyone welcome.

QUIZ NIGHT - **Saturday 21st March at 7.00pm**. Booking essential. Please check for availability as spaces are limited or for more information please call Margaret on 01692 598828.

THE SEA PALLING TABLE TENNIS CLUB meets in the village hall on Wednesdays from 2.00pm - 4.00pm. All equipment provided. £3 per person. Everyone welcome.

ZUMBA CLASS - On Wednesdays 7.00pm - 8.00pm in the village hall. For more information please call Tina on 07341360389 or find her on Facebook at "Zumba with Tina".

THE SEA PALLING CARPET BOWLS CLUB meets in the village hall on Thursdays from 2.00pm - 4.00pm. Beginners welcome. For more information, please call John on 01692 598478 or Steve on 01692 598052.

YOGA - on Thursday mornings and now a new class on Tuesday evenings in the village hall. See www.yogabreeze.co.uk for full details, or contact Clare on 07557 353723

From our neighbouring village of Ingham:

Astronomy Night - The Colour Out Of Space, Why are Stars not just White. Ingham Village Hall, Friday 27th March 7 for 7.30 pm. Raffle and Refreshments available. £5 to book in advance £6 on door. Call Jan 07866 517668 to book. All proceeds go to Ingham Village Hall.

HAPPISBURGH ORGAN FESTIVAL 2026

After so much recent grey and wet weather let us hopefully look forward to a warm sunny evening on 2nd May when our great friend and supporter, David Dunnett, once more opens this year's Organ Festival for us. All recitals are on first Saturdays starting at 7pm. This year we are experimenting with five concerts. Those following 2nd May are, 6th June, Matthew Bond, (North Walsham); 4th July, Richard Bower, (East Dereham); 1st August, Timothy Patient, (Director of Music, Eye Parish Church); 5th September, David Ballard, (St. John Timber Hill, Norwich). Entry is Free as are the refreshments that follow all recitals at 8pm. Any donation you are able to make will be very gratefully received. If you are yet to attend one of these recitals, be assured of a friendly, warm greeting, followed by a pleasant, and relaxed evening's entertainment. See also www.organrecitals.uk. *David Berwick*

WALCOTT

World Day of Prayer This will be held in Walcott Village Hall on Friday 6th March at 2pm. This year a group of Christian women from Nigeria have arranged a very interesting and colourful service for us to use. Please come and support their work. If you are willing to take part then please ring me. *Eiler 651393.*

WALCOTT VILLAGE HALL

Walcott-on-Sea Village Hall - The booking clerk is John Paul and can be contacted on 07791804872 or by email at bookwosvh@gmail.com. All bookings will be confirmed by John with the individual concerned and it is requested not to use the calendar in the village hall until confirmed. There are bookable spaces available during the week and weekends at £8 per hour all inclusive.

Weekly groups:

Mondays	6.00pm	Yoga with Virginia	07413 199718	£6
Tuesdays	10.00am	Ballet Bums with Carol	07748 825748	
	11.30am	Pilates with Sonya	07789 456444	
	7.15pm	Zumba Gold with Loraine	07748 985940	
Thursdays	10.00am	Seated Zumba with Nicola	07901 982414	
	7.15pm	Zumba Gold toning Loraine	07748 985940	
Saturdays	11.15am	Zumba Gold with Loraine	07748 985940	

Walcott Warblers It's time for our spring time show— we present Songs from Stage and Screen and will be held on Friday 24th and Saturday 25th April. Doors open at 7pm, bring your own drinks, snacks etc (tea and coffee will be available during the interval). Tickets will be on sale from early March at £8 – from Sheila 07826 033801 or pick up from Paul (Pru's Hair Salon) in Bacton. Come and join us to sing along to your favourites!

Walcott annual plant sale in aid of the Broadland First Responders will take place on Saturday 16th May from 10.30 in the village hall. It is early days I know but if you have anything that we can sell on the "middle aisle" tables then please keep until nearer the time or e mail george@vistatraining.co.uk or Sheila (07826 033801) with contact details to arrange collection. Please sow extra plants for us when the sowing season starts.

Book swap cupboard – The cupboard is to the right of the hall entrance and can be accessed at any time. Please only leave books if they can be placed in the cupboard due to the inclement weather.

LESSINGHAM AND HEMPSTEAD WITH ECCLES

It has been a good month for snowdrops and they have been a bright spot in the dreary weather we have had so far. We have to be thankful we have not suffered the disastrous floods there have been in many places. In this intensely farmed part of the country churchyards are often a haven for wildlife. They are sometimes referred to as God's Little Acre. Lessingham churchyard is registered with the Norfolk Wildlife Trust as a wildlife area. It still needs managing but hopefully provides a haven for a variety of insects and other wildlife. On Good Friday April 3rd at 10.30 am there will be a short service of Bible readings at Lessingham Church. It will be followed by hot cross buns and tea or coffee. All welcome.

Margaret Henderson

SEA PALLING INDEPENDENT LIFEBOAT

As the months tick by, our volunteers continue with the all-important station maintenance. Keeping our kit in top condition and ready for service at all times is particularly challenging during the colder months, but the team's commitment never wavers. Every check, repair, and clean-down ensures we remain fully prepared for whatever the sea may throw our way.

The crew have also successfully completed a refresher in Emergency First Aid, with Emergency Oxygen Therapy now an additional accreditation we're proud to hold. Training like this strengthens our capability and gives our volunteers even greater confidence when responding to incidents.

We've been making good use of the rougher sea conditions too. These sessions provide an excellent opportunity to test our well-drilled skills, and for some of our newer volunteers, it marked their first experience operating in such challenging waters.

As we look ahead to the spring months, stay safe and we hope to see you soon.

HICKLING

The Greyhound Bible Discussion Group will meet at the Greyhound Inn NR12 OYA at 3pm on Tuesdays 10 and 24 March. We welcome visitors and those who might join us. We are making our way through The Psalms at each meeting and the Gospel of John.

The Julian Meeting for Christian Silent Prayer takes place at St Mary's Church, Hickling NR12 0BQ, at 10.30am on the second Tuesday of the month. In March we shall meet at 10.30am on the 10th. We start with a friendly cuppa and a chat before settling for prayer.

Our Prayer Walk will start at the NWT Hickling Reserve Visitors' Centre at 10.30am on Tuesday, 17th March.

Should anyone wish to find out more, do contact me, Zephney Kennedy, at 01692 598179.

Pilates classes on Tuesday mornings at Hickling Barn:

Beginners at 8am, Intermediate at 09:15.

More information from Julian Askham 07886553027
julian@corepilatesnorfolk.co.uk

LESSINGHAM METHODIST CHURCH

Sunday Worship at 11.00am every Sunday. Everyone is welcome.

The Lighthouse Cafe is open at the Chapel on the second and fourth Wednesday each month, from 10.30am to 1pm where we shall be serving hot drinks and light lunches. There is no charge, but any donation would be very welcome.

Lighthouse Lunches usually happen on the 3rd Thursday of each month when two course hot lunches are served with tea/coffee to follow. Everyone is welcome to come and share in fun, food and fellowship at 12 noon for 12.30pm. The cost is only £7.00. Please book with Ros Peedle, phone 07976 720440 or email Ros.peedle@live.co.uk by the previous Sunday night.

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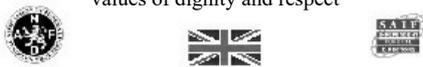
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