

# The Coastal Group of Parishes

Bacton, Happisburgh, Hempstead with Eccles and Lessingham,  
Ridlington, Sea Palling with Waxham, Walcott, Witton And Hickling

[www.coastalgroup.org.uk](http://www.coastalgroup.org.uk)

**News Sheet 578**

**August 2025**



*Painting of Hempstead Church by Adrian Coiley - see Lessingham & Hempstead article on page 4*

In the recent beautiful weather, I have enjoyed sitting in the churchyards of some of our beautiful churches. Many of them have benches where you can take the weight off your feet. Lots of our churchyards contain a multitude of wildlife particularly regarding a wonderful diversity of plants. They are also places which are special to our villages, where generations of local families have been laid to rest.

I am increasingly aware that funeral patterns are changing. There are many families choosing to have cremations without a funeral. This can mean that loved ones are left grieving without any real ending. There are a whole range of options available from your local church.

As a church we want to be there for our local communities and to offer families support during difficult times. We are happy to offer Christian funerals in any of our church buildings or at local crematoria. However, there are other options as well. We can provide funeral or memorial services in our churches with the ashes, rather than a coffin, after an unattended cremation. Alternatively, we can inter (bury) ashes in our beautiful village churchyards. We are not allowed to scatter ashes in the churchyards. Burial or interment of ashes is open to all members of our communities and is not limited to those who attend church. Please speak to Revd Coryn if you wish to have ashes buried in the churchyard as there are procedures to follow.

There are other possibilities as well. A few months ago, I blessed a tree planted as a memorial to a deceased lady, where no funeral had been held, in a private garden in one of our villages. We followed the tree blessing with a gathering of friends and neighbours in the garden.

Please get in touch to discuss what the local church can offer you in times of grief.

Wishing you every blessing in this season of holidays.

**Revd Coryn**

## **SAFEGUARDING INFORMATION**

In the Coastal Group of Parishes, we take safeguarding seriously. If you have a concern about the safety of someone or the actions of a person working with children or vulnerable adults, please speak out and stay safe. Rhena Branch is the parish safeguarding officer for Bacton, Walcott, Witton, Happisburgh, Hempstead with Lessingham and Eccles, Sea Palling with Waxham and Hickling Tel 01692 597117 email [rhenabranch@gmail.com](mailto:rhenabranch@gmail.com). Richard Barker is parish safeguarding officer for Ridlington. You can contact the Diocesan Safeguarding Team on 01603 882345 or email [safeguarding@dioceseofnorwich.org](mailto:safeguarding@dioceseofnorwich.org)

**Rector: Revd Coryn Stanforth**

**email: [revdcoryn@btinternet.com](mailto:revdcoryn@btinternet.com)**

**Tel: 07436 992347**

## SERVICES FOR AUGUST

<b>Sun 3<sup>rd</sup> Aug</b> <i>Seventh Sunday after Trinity</i>	9.30	Morning Worship	Walcott
	10.00	Holy Communion	Sea Palling
	10.00	Morning Worship	Bacton
	11.00	Morning Worship	Happisburgh
	11.15	Holy Communion	Hickling
	15.00	Praise & Prosecco	Ridlington
<b>Sun 10<sup>th</sup> Aug</b> <i>Eighth Sunday after Trinity</i>	10.00	Morning Worship	Bacton
	10.00	Holy Communion - Joint service with Lessingham Methodist Church	Hempstead
<b>Sun 17<sup>th</sup> Aug</b> <i>Ninth Sunday after Trinity</i>	9.30	Holy Communion	Walcott
	10.00	Morning Worship	Bacton
	11.00	Holy Communion	Happisburgh
	11.00	Morning Worship	Sea Palling with Hickling
	15.00	Vintage Harvest Thanksgiving and picnic	Witton
<b>Sun 24<sup>th</sup> Aug</b> <i>Bartholomew the Apostle</i>	10.00	Morning Worship	Lessingham
	10.00	Holy Communion	Bacton with Walcott
	11.00	Morning Worship	Sea Palling
	11.00	Morning Worship	Hickling
<b>Sun 31<sup>st</sup> Aug</b> <i>Eleventh Sunday after Trinity</i>	10.30	Benefice Service	Sea Palling

### Funerals

19th June- Florence Iles- Walcott

23rd June- Kenneth Neale- Interment of ashes- Happisburgh

30th June- Simon Legg- Interment of ashes- Bacton

3rd July- David Burdett- Hickling

4th July- Kenneth Hearne- Hickling

### Mobile Library Dates for August

Hickling: Tuesday 5<sup>th</sup>

Happisburgh/Walcott/Bacton/Ridlington/Witton: Tuesday 12<sup>th</sup>

Hempstead/Eccles/Lessingham/Sea Palling/Waxham: Weds 20<sup>th</sup>

### WITTON St. Margaret's

Have you thought the Churchyard looked rather untidy in June and July this year? The Churchyard wild flowers have been left to bloom again this year, a mass of different varieties of yellow Hawkweed type amongst others which when flowering has finished leave a dandelion-type seedhead. When most flowering has finished, the mower will be out again to do a tidying-up job. Fortunately, this year being so dry has meant the grass hasn't grown as much as usual! And we look forward to Karl and his scythe mowing the "conservation" areas later in September or October.

Only one Service in August this year, the Harvest Festival at **3pm** on Sunday 17th. Weather permitting, it will be a working Harvest Festival to be followed by a bring-your-own Picnic tea in the field adjacent to the Church. Of course, if it is wet weather the field harvest will not happen and the Picnic Tea will be in the Church! All very welcome.

At the time of writing we do not have the September services at hand, so please see the notice boards in the porch or churchyard.

Enjoy the rest of the summer,

*Charles and Gillian Owles 01692 650223*

### RIDLINGTON St. Peter's

Our Benefice Service on 29<sup>th</sup> June was well attended from across the benefice. Our preacher, the Rev. Dr. Stephen Cherry gave a thought provoking address, impressively delivered without notes. We were pleased to welcome him and Mrs Cherry and grateful that he could make the journey from King's College, Cambridge to speak and meet with us in our relatively plain little Norfolk country church.

Many thanks to Richard and Vanda for opening their beautiful garden again for the church on 22<sup>nd</sup> of June and thanks also to Claire, Thomas and friends who put in so much work on the day with so much catering involved. A princely sum was raised for which the PCC is immensely grateful - and the sun shone again!

In contrast, despite monsoon conditions just before our service on 6th July, and worshippers very thin on the ground at 3 o'clock, we began to wonder if we had rather over catered for the occasion. But no, friends and holiday makers turned up and we had a very successful strawberry tea at 4 with just enough scones and strawberries and cream to go round.

Our August service will be on the 3<sup>rd</sup> at 3 as usual, when we have Praise and Prosecco. Come along to enjoy a glass of bubbles and sing praises to our Creator. So far we have always been fortunate enough to be able to hold the service outside which we hope to do again this year, so please bring chairs.

Also on August 16<sup>th</sup> and 17<sup>th</sup> from 10 - 4 we shall hold an Exhibition and Sale of paintings (cash only), kindly donated to the church. Many of these depict Norfolk scenes. Refreshments will be available, please look out for posters.

*Barbara Penn 07564536262*

### HAPPISBURGH ORGAN FESTIVAL 2025

Sixty people came to hear Timothy Patient play on 5<sup>th</sup> July and they were treated to a very wide-ranging programme beautifully performed as ever. The concluding (and exceptionally difficult 'Final' from Organ Sonata No. 1 by Guilment) was performed impeccably. This month David Berwick will be giving the last of this year's Organ Festival recitals on Saturday 2<sup>nd</sup> August at 7pm. David has been playing at St. Mary's for 23 years and this year he celebrates 60 years as an organist. His programme choices will reflect his musical journey at the organ thus far, and will explore the full range of the organ's colourful voices. *(Continued p3)*

### Coastal Group Prayer Chain

If you would like to be prayed for or know of someone who would like to be prayed for (with their permission) please contact John Prince: 01692 581841.

### DEADLINE FOR SEPTEMBER NEWS SHEET:

Please send your contributions for the September news sheet to Emma at eclawrence@btinternet.com no later than August 11<sup>th</sup>. Thank you.

## **HAPPISBURGH**

**St Mary's Church Tower** will be open from 1pm - 4pm on Sundays 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup>, Wednesdays 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and Monday 25<sup>th</sup> August, weather permitting. Minimum height 4ft 7inches. An interesting climb rewarded by a wonderful view!

### **Happisburgh Pop-Up Tea Room**

We are next meeting on Tuesday 26<sup>th</sup> August where you are warmly invited to have a cuppa, some homemade cake and a chat. In addition to the normal tea room we are offering some sessions with local artist Marnie Hardy that encourage makers to create something beautiful, whilst connecting their sense of place with their own history. No pressure to take part in the art activities - they are simply there should you wish to take part. All activities including refreshments are free of charge. Contact Lou Harlow for more information Tel 07955 288 573 [lou.harlow@norfolkandwaveney.org.uk](mailto:lou.harlow@norfolkandwaveney.org.uk) Activities are part of Norfolk and Waveney Mind's Sustain Project.

### **Happisburgh Community Hub at the Wenn Evans Centre**

Every Wednesday from 11.30am till 1.30pm. Homemade light lunches, cakes, teas and coffees (donations towards providing this always appreciated). Community library open. Occasional guest Speakers. Everyone welcome. If help with transport is needed please call Malcolm on 07831 204346.

### **Happisburgh Knitters and Stitchers**

Our meeting for August is on 18<sup>th</sup> between 2 & 4 pm. Learn a new skill or just pop in at the Sports Pavilion for a cup of tea.

### **Wenn Evans Centre, Happisburgh, What's On When**

**Mondays:** Seated Zumba with Nicola 2pm till 3pm  
Pilates with Sonya 4.30pm till 5.20pm  
**Tuesday:** Short Mat Bowls 10am till 12pm  
Table Tennis 2pm till 4pm  
**Wednesday:** Fitness Yoga with Sonya 4.30pm till 5.30pm  
Judo with Paul 6pm-9pm  
**Friday:** Short Mat Bowls 1.45pm till 3.45pm  
For details of how to book, email [Wennevans@gmail.com](mailto:Wennevans@gmail.com)

**Quiz Night** at The Wenn Evans Centre, 2<sup>nd</sup> Saturday of the month. 7pm. Book on 07904 379391. Bring own refreshments.

**Prize Bingo** at The Wenn Evans Centre, last Friday of the month. Eyes down 7.30pm, lots of prizes. £6 for 10 games.

**Glee Club** Thursdays 7<sup>th</sup> & 21<sup>st</sup> August from 5pm - 8pm. All welcome to come and play traditional board games, dominoes, puzzles etc. Tea & coffee provided or bring own refreshments.

**Happisburgh Scarecrow Trail (theme: Films) and Historical Photography Exhibition:** Sunday 3<sup>rd</sup> August, 11am till 3.30pm. Collect your maps (£1) from the Wenn Evans Centre. Teas, coffees and cakes. Raffle. Guess the films prize. All welcome.

### **HAPPISBURGH ORGAN FESTIVAL 2025** *(continued from p2)*

The music will have a wide appeal featuring works by Bach, Purcell, Coates, Andrew Lloyd Webber, Charpentier, Elgar, Andriessen, Heron, Peeters, and an authentic rendition of some Tudor dances never likely to be repeated! Free entry and refreshments at the conclusion. Donations for the organ fund always very gratefully received. As ever, we guarantee you a warm welcome and a relaxing evening spent amongst friends. The Organ Festival Committee renews its thanks for your superb support this year. Next year's recitalists and dates will be published here in November. More local and national recitals available at [www.organrecitals.uk](http://www.organrecitals.uk). *David Berwick*

## **SEA PALLING WITH WAXHAM**

**Sea Palling Community Hub** will be open on Saturdays 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup> August from 10-12 with good coffee/tea/chocolate + bacon butties in the Nissen Hut. Preloved clothes, books and bric a brac. There will be a sale on 30<sup>th</sup>. All welcome.

### **SEA PALLING with WAXHAM COMMUNITY TRUST**

School uniform grants of £120 available for students entering year 7 (must be full-time resident in the parish). Application forms from [millstedpg@btinternet.com](mailto:millstedpg@btinternet.com) or ring 598408.

### **Sea Palling & Waxham Parish Council**

There is no parish council meeting in August. The next meeting will be held on Tuesday 16th September at 6.30pm in Sea Palling & Waxham Village Hall. All welcome to attend. <https://seapallingpc.norfolkparishes.gov.uk/> Parish Clerk: Becky Furr, [clerk@swp.pc.gov.uk](mailto:clerk@swp.pc.gov.uk) Tel: 07588 398621.

### **SEA PALLING & WAXHAM VILLAGE HALL**

**PRIZE BINGO** - on Friday 1st August. Eyes down at 7.30pm. Refreshments and raffle. Everyone welcome.

**FAMILY FUN DOG SHOW** - SUNDAY 10<sup>th</sup> August from 11am. Judging starts at noon. Over 20 classes to suit all with fantastic prizes and Rosettes to be won along with the Groovy Doodle Challenge Cups for Best in Show, Reserve and special trophy for Best Junior Handler. BBQ, beer, wine, Pimms, soft drinks, cakes, tea & coffee available. Want a stall at this event? Call Margaret on 01692 598828 for more details. Hope to see you there!

**QUIZ NIGHT & BUFFET** - Saturday 16th August. Booking essential. Please check for availability as spaces are limited or for more information call Margaret on 01692 598828.

**THE SEA PALLING TABLE TENNIS CLUB** meets Wednesdays from 2pm-4pm. All equipment provided. £3 per person. All welcome.

**ZUMBA CLASS** - On Wednesdays 7.00pm - 8.00pm in the village hall. For more information please call Tina on 07341360389 or find her on facebook at "Zumba with Tina".

**THE SEA PALLING CARPET BOWLS CLUB** meets on Thursdays from 2pm - 4pm. Beginners welcome. For more information, please call John on 01692 598478 or Steve on 01692 598052.

**YOGA** - on Thursday mornings. See [www.yogabreeze.co.uk](http://www.yogabreeze.co.uk) for full details, or contact Clare 07557 353723

**CRAFT FAIRS** - at the village hall will be held on the last Sunday of every month up to October. Refreshments available.

**CAN YOU HELP?** Our village hall has a small team of volunteers who put together these events throughout the year and we are not getting any younger! So we are looking for anyone who can spare just a couple of hours per month to help us. If this is you please call Margaret or Clive on 01692 598828 for a chat to see how you may be able to help.

**A DATE FOR YOUR DIARY** - SATURDAY 27TH SEPTEMBER, LIVE MUSIC - Double Bill featuring Papajam and The Hot Crumbs. More details on how to get tickets next month.

**Wild Touch** (Mill Common Road, Ridlington) ask for donations of newspapers, cleaning clothes, dustpans and brushes, brooms etc as they are having lots of injured or abandoned baby birds. They are urging us not to use chemical pesticides as they have recently had poisoned baby birds admitted to their care. Alternatives can be sourced by searching online.

Wild Touch's website has good clear instructions on what to do if you find a baby bird or any wild animal you are worried about <https://wildtouch7.wixsite.com/Wildtouch>

## WALCOTT

**Christian Aid** This year we raised £579.06. A great total. Thanks to all who contributed. Eiler.

**Grand Draw and Summer Fayre.** This is on Saturday 30th August, 2 - 4pm in Walcott Village Hall. There will be stalls, games, cakes, refreshments and more. The draw will be made between 2 and 4pm. Tickets are now on sale, see me if you need want more. Proceeds to Walcott Church. Eiler.

## WALCOTT VILLAGE HALL

The booking clerk is John Paul and can be contacted on 07791804872 or 'e' mail - bookwosvh@gmail.com. All bookings will be confirmed by John with the individual concerned and it is requested not to use the calendar in the village hall until confirmed. There are bookable spaces available during the week and weekends at £8 per hour all inclusive.

### Weekly groups:

Mondays	6.00pm	Yoga with Virginia	07413 199718	£6
Tuesdays	10.30am	Ballet Bums with Carol	07748 825748	
	11.30am	Pilates with Sonia	07789 456444	
	7.15pm	Zumba Gold with Loraine	07748 985940	
Thursdays	10.00am	Seated Zumba with Nicola	07901 982414	
	7.15pm	Zumba Gold toning Loraine	07748 985940	
Saturdays	11.15am	Zumba Gold with Loraine	07748 985940	

**Exciting new class** starting on Thursdays with Loraine – Zumba gold toning – want to dance like nobody's watching and tone up at the same time – lose yourself in the music and sign along if you want to – no right or wrong moves – toning sticks provided - £3.50 per class.

**The Walcott village show** is on Saturday 9<sup>th</sup> August 2 – 4pm. It is open for entries from anyone with classes for plants, photographs, crafts, fruit, flowers and home produce. Photographic entries will be submitted for the annual Maurice Gray award. Entry forms will be available from outside the village hall. We will receive entries on Friday evening (8<sup>th</sup> Aug) from 6 – 8pm & Saturday 9<sup>th</sup> from 8–11am.

**Book swap cupboard** – The cupboard is to the right of the hall entrance and can be accessed at any time. Please only leave books if they can be placed in the cupboard due to the inclement weather.

## HICKLING

The Greyhound Bible Discussion Group will meet at the Greyhound Inn, Hickling NR12 OYA, at 3pm on Tuesdays, on the 5<sup>th</sup> and 19<sup>th</sup> August. We welcome visitors and those who might join us. We are still making our way through The Psalms, as well as exploring the Nicene Creed in its 1700th year.

The Julian Meeting for Silent Prayer will meet at St Mary's Church, Hickling, at 10.30am on Tuesday 12<sup>th</sup> August. Everyone is very welcome to join us for a cuppa and tranquil silent Christian prayer.

On Thursday 21<sup>st</sup> August, from 10.30am-12.30pm, we shall hold a meeting for Prayer-through-Art in St Andrew's Church, Hempstead with Eccles NR12 OSU. You are invited to join us in this quiet space prayerfully to draw the images and architecture. Pencils, felt pens etc will be available. Simply bring paper or board. No paint, please. I ask you to consider a donation as a thank-you. We begin with tea or coffee and biscuits before we settle.

On Tuesday 26<sup>th</sup> August we shall once again do our outdoor Prayer Walk around the NWT Hickling Reserve starting at 10.30am. Please bring your proof of Hickling address or NWT membership & meet in the Visitors' Centre. Should the weather be unfavourable, we shall meet at the Visitors' Centre, and together go elsewhere sheltered. Should anyone wish to find out more, do contact me, Zephney Kennedy, at 01692 598179.

## SEA PALLING INDEPENDENT LIFEBOAT

July has gifted us with beautiful weather, and our stunning coastline is alive with the buzz of locals and tourists enjoying everything this wonderful area has to offer.

Our crew has been hard at work throughout the month - participating in joint training exercises, carrying out essential maintenance, responding to shouts, and continuing preparations for our Annual Lifeboat Day on 10<sup>th</sup> August - we'd love to see you there.

Our crew recently joined forces with Bacton Coastguard Rescue Team for a valuable training session. The exercise began with our crew providing safety cover as the Coastguard team practiced water entry techniques. This was followed by a coordinated rescue scenario, with both teams working together to recover a casualty and safely return them to shore.

Recent Shout - Our Inshore Lifeboat (ILB) was tasked by Humber Coastguard to assist a paddleboarder near Waxham.

Fortunately, by the time our crew arrived on scene, the individual had managed to make their way safely back to shore. A thorough welfare check was carried out to ensure there were no injuries or ongoing concerns. After confirming the paddleboarder was safe and well, our volunteer crew returned to station and made the boat ready for service.

We were delighted to welcome members of the Bure Valley Rotary Club for a recent tour of our lifeboat station. The visit offered a fantastic opportunity to showcase the vital work we do and the equipment that helps us save lives at sea. We're incredibly grateful for the interest and support shown by the Bure Valley Rotary Club, and we look forward to strengthening our connection with them in the future.

As always, we're proud to serve our community and grateful for your ongoing support — we hope to see many of you at Lifeboat Day on 10th August!

## LESSINGHAM AND HEMPSTEAD WITH ECCLES

On Sunday 10<sup>th</sup> August at 10am we look forward to welcoming our friends from across the Benefice to join us in Hempstead Church for a combined Holy Communion service with Lessingham Methodists. Parking at the Old Rectory with roadside disabled spaces reserved near the church.

We have been given an exclusive painting of Hempstead Church (see front cover) by the artist Adrian Coiley to raise Church Funds. It is for sale to the highest bidder in a Silent Auction. The closing date and result will be announced at our Coffee Morning in Lessingham Village Hall on Sat. 25<sup>th</sup> October '25 (10am - noon). Bidding forms with envelopes are available in Lessingham and Hempstead Churches or from Jacky Pestell 07766888679. Don't miss this one off chance to treat yourself to an original picture.

## LESSINGHAM METHODIST CHURCH

**The Lighthouse Cafe** is open at the Chapel on the second and fourth Wednesday each month, from 10.30am to 1pm where we shall be serving hot drinks and light lunches. There is no charge, but any donation would be very welcome.

There will be a joint **Celebration of Anglicans and Methodists Together** on the weekend of 9/10<sup>th</sup> August. We shall eat together at lunchtime on the Saturday at the Chapel and worship together on Sunday in Hempstead Church.

The **Lessingham Chapel Quilt Show** will be held from 3<sup>rd</sup> to 6<sup>th</sup> September this year. A small number of Sales tables are available. Please book with Ros Peedle ros.peedle@live.co.uk as soon as possible. Further details of the Show will follow.



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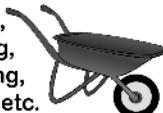
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